Come to a full stop before you shift into Reverse. You can damage the transmission by trying to shift into Reverse with the car moving. Push down the clutch pedal, and pause for a few seconds before shifting into Reverse, or shift into one of the forward gears for a moment. This stops the gears so they won't "grind."

When slowing down, you can get extra braking from the engine by shifting to a lower gear. This extra braking can help you maintain a safe speed and prevent your brakes from overheating while going down a steep hill. Before downshifting, make sure engine speed will not go into the tachometer's red zone in the lower gear. Refer to the Maximum Allowable Speeds chart.

⚠ WARNING

Rapid slowing or speeding-up can cause loss of control on slippery surfaces. If you crash, you can be injured.

Use extra care when driving on slippery surfaces.

Recommended Shift Points

Drive in the highest gear that lets the engine run and accelerate smoothly. This will give you the best fuel economy and effective emissions control. The following shift points are recommended:

Shift up	Normal acceleration
1st to 2nd	15 mph (24 km/h)
2nd to 3rd	28 mph (45 km/h)
3rd to 4th	41 mph (66 km/h)
4th to 5th	52 mph (84 km/h)

Shift up	Cruise from acceleration
1st to 2nd	7 mph (11 km/h)
2nd to 3rd	22 mph (35 km/h)
3rd to 4th	33 mph (53 km/h)
4th to 5th	48 mph (77 km/h)

5-speed Manual Transmission, Automatic Transmission

Engine Speed Limiter

If you exceed the maximum speed for the gear you are in, the engine speed will enter into the tachometer's red zone. If this occurs, you may feel the engine cut in and out. This is caused by a limiter in the engine's computer controls. The engine will run normally when you reduce the RPM below the red zone.

Before downshifting, make sure the engine will not go into the tachometer's red zone.

Automatic Transmission

Your Honda's transmission has four forward speeds, and is electronically controlled for smoother shifting. It also has a "lock-up" torque converter for better fuel economy. You may feel what seems like another shift when the converter locks.